VIRTUAL ART THERAPY CONSULTING GROUP, LLC

SELF-SURVEY DECISION CHART

Personal Growth

YES

"Are you seeking support for Personal Growth or Professional Development?"

YES

Professional Development

"Are you currently experiencing a mental health crisis and are having current thoughts of harm to self and or others?"

YES

NO

Our services may not be the right fit at this time. IF AN EMERGENCY PLEASE **CALL 911 or 988**

"Do you prefer/curious of creative approaches (art, drawing, imagery) to traditional talk-only therapy?"

NO

YES

"Would you like the flexibility of virtual sessions from home?"

NO

Consider in-person art therapy or other counseling options.

YES

"Will you be willing to invest or have available affordable basic art materials (i.e. crayons, pencils, paper)?"

NO

YES

Schedule your Free 30-minute Consultation TODAY.

"Are you currently a Master Level Art Therapy Student?"

YES

"Are you currently attending a Credential Art Therapy Program?"

YES

Are you a Post Graduate Art Therapy Professional?

YES

"Have you graduated from an accredited Art Therapy Program?"

YES

Are you a mental health professional seeking supervision, CE, or skill development?

YES

"Would you like the flexibility of virtual supervision from home?"

YES

NO

Consider in-person art therapy supervision or CEU options.